SAHAR AL KHATIB
Life Coach

ACCREDITATIONS

ACC Associate Certified Coach
ICF March 2018
CPCC Certified Coactive Coach
CTI Dec 2017

CONTACT

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Abu Dhabi UAE

SKILLS

- Stress management coaching
- Transformation coaching
- Targeted behavior coaching
- Success coaching
- Defining Life purpose & values
- Managing Saboteurs
- Using different modules: Coactive, CBT, GROW and SCARF

PROFESSIONAL CAREER

Life Coach
Sep 2016- Till Now

- More than 200 coaching hours given to women on different topics
- Founder of first Arabic women support groups in Abu Dhabi
- Giving speeches and workshops to women in association with different feminine groups: UAE moms, KIDZAPP, UAE Women Empowerment Group, ASIA, Arab ladies Book Club, Beit Arabi

Medical Lab Technologist
Al Mazroui Hospital: Dec 2003- Dec 2009

- Performing all kinds of laboratory tests
- Lab Administrative work
- Contacting insurance companies

EDUCATION & COURSES

Arts & Science Institute Abu Dhabi
Jan 2019-Apr2019
The Speaker (Public Speaking Course)

CTI Coaching Training Institute Dubai
Sep 2016- Jan 2017
Coactive Coaching module

CTI Coaching Training Institute USA
April 2017- Dec 2018
CPCC certification Program

University of Sharjah
June 2002
Bsc. Medical Lab Technologies